

# LONG FLIGHT PACKING LIST

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## TO PACK IN YOUR CARRYON:

- Electronics
  - Phone  Phone Cable  Tablet  Tablet Cable  Outlet Converter
  - Laptop  Laptop Charger  Kindle  Kindle Cable  External Battery Pack
  - Digital Camera/ Go Pro  Camera Batteries/Charger
- Change Of Clothes
- Compression Socks
- Scarf/ Shawl
- Bag for dirty clothes
- Document Holder
  - Passport  Tickets/Flight Details  Vaccine Card  Negative Test Results  Pen
- Books/ Magazines/Activities
- Travel Pillow
- Airplane Essentials Kit
  - Face/body wipes  Snacks  Gum  Lip Balm  Earplugs
  - Toothbrush  Toothpaste  Mini Deodorant  Hairties  Disinfectant Wipes
  - Extra Face Masks  Hand Sanitizer  Melatonin/Sleep Aid
  - Noise-Cancelling Headphones  Dramamine/Tums  Tylenol/Asprin
- Reusable Water Bottle

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## OUT THE DOOR DOUBLE-CHECK LIST

- Document Holder ( w/ Documents)
- Phone & Phone Charger
- Face Mask
- Sunglasses
- Airplane Essentials Kit
- Electronics & Cables
- Empty Water Bottle